

FREE

KINSALE ADVERTISER

INCLUDING THE GUIDE TO **WHAT'S ON** IN KINSALE & DISTRICT

Tel: 021 477 4313 :: Web: www.kinsaleadvertiser.com :: Email: info@kinsaleadvertiser.com

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Real Food, Real People

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with qualified
butchers in
EVERY store...



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KINSALE QUARTER, THE GLEN, KINSALE

Phone: 021 4772843 Fax: 021 4773137 Email: kinsale@supervalu.ie Online: shop.supervalu.ie

TRADING HOURS: Mon - Sat: 8am - 9pm Sunday: 9am - 9pm



Church Square, Kinsale Ph: 021 4700685

Full Breakfast Menu
 Homemade Pastries
 Delicious Lunches
 Bagel Bar
 Teas & Coffees

HEALTHY & VEGAN
 OPTIONS AVAILABLE



OPENING HOURS Monday to Saturday 8am-5pm, Sunday 9am-5pm



Mr. Mark Buckley

7th Degree Black Belt

Ms. Aoife O'Mahony

2nd Degree Black Belt

INSTRUCTORS QUALIFICATIONS

FIRST AID CERTIFICATE
 GARDA CLEARANCE CERTIFICATE
 IMAC COACH CERTIFICATE
 CHILD PROTECTION CERTIFICATE

FUN ★ EXCITING ★ SPORT

for
KIDS



SCOIL NAOMH ELTIN, KINSALE
 WEDNESDAYS

Kubz: 5.30pm - 6.15pm (ages 4 - 6)
Taekwon-Do Juniors: 6.15pm - 7.15pm (ages 7 - 12)
Seniors: 7.15pm - 8.15pm (age 12+)

FRIDAYS
Taekwon-Do Juniors: 6.45pm - 7.45pm (ages 7 - 12)
Seniors: 7.45pm - 8.45pm (age 12+)

Call or Text **086 822 0107**



Cork I.T.A





LEMON LEAF

70, Main Street, Kinsale

Tel: 021 470 9792

CELEBRATING BACK TO SCHOOL

ALL FIRST WEEK BACK TO SCHOOL

Until Friday 8th September 9am - 11am

“Get back to the routine”

Back to School Scoop

*Launching our Power Breakfast
for Pre and Post Work Out.*

Complimentary Coffee/Tea

*“Buy One Get One Free”
when you mention School Drop Off*

**POWER PORRIDGE, EGG WHITE OMELETTES,
POACHED EGGS AND AVOCADO...
& MUCH MUCH MORE**



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AN INTIMATE PSYCHIC EVENING WITH **Fiona Stewart Williams**

LIVE! FOR ONE NIGHT ONLY AT
TRIDENT HOTEL, KINSALE, CO. CORK
FRIDAY 8TH SEPTEMBER
8pm-10pm Price €20

This is a very special night with your friends and family from the spirit world ...

Fiona's profound compassion and empathy coupled with her easy sense of humour lifts and genuinely touches the soul, immediately putting you at ease as her evidence of soul survival leaves you in no doubt that you are connecting to your loved ones in the spirit world. Fiona's shows are unique and very special... Yes, deeply compelling, laughter through tears will be one of the many healing emotions anticipated as she brings you that much closer to your loved ones in Spirit.



Limited seating so do book your ticket Tickets can be purchased here: <http://bit.ly/2uQkD8P>
For further information contact Fiona 0044 7973 491 180 or www.psychicfiona.com

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FOR
SEPTEMBER!**



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Email: info@kinsaleadvertiser.com

Kinsale Youth Community Café

drop in

meet
friends

hang out

tuc shop

Free wifi, pool table, playstation etc,
with different activities every week.

Information table in SuperValu foyer on Fri 1st & Sat 2nd Sept
Come and meet the new youth leader and all of our volunteers.

1st & 2nd Years: Wednesday 2pm-8pm & Friday 4pm-8pm

3rd Year onwards: Saturday 2pm-8pm

Contact Gearoid 086 2564069 or Jackie 087 7903319
or email gwycherley@hotmail.com for details

RE-OPENING
WED 6th SEPT
with new youth worker
Jackie O'Halloran



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TRIDENT

HOTEL ★ ★ ★ ★ KINSALE

Special Occasions & Private Dining

The Trident Hotel is the ideal backdrop for any special occasion....



For further information or to discuss celebrating an occasion with us, please contact by telephone **021 4779 300** or by email at cb@tridenthotel.com

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Email: info@kinsaleadvertiser.com



Bulman Bar & Toddies Restaurant

SUMMERCOVE, KINSALE

It's that time of the year again!

LOBSTERS ON THE PIER IN SUMMERCOVE Monday 4th September

*Why not come down
& enjoy the craic, not to
mention the lobsters!*

€20 LOBSTER: If you queue up.

€25 LOBSTER: If you book a table
in the restaurant and have the
lobster served to you.

STRICTLY 2 SITTINGS: 6.30pm & 8.30pm



Hosted by Pearse & Mary at The Bulman & Brian Roberts



All proceeds go to Kinsale RNLI



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WARNING



Head lice are tiny wingless insects that are grey-brown in colour. They are the size of a pinhead when they hatch and 3mm long when fully grown. Head lice can not fly, jump or swim! They are spread by head-to-head contact and climb from the hair of an infected person to the hair of someone else. A head lice infestation is not the result of dirty hair or poor hygiene. Head lice can affect all types of hair irrespective of its condition and length. Head lice only affects humans and cannot be passed on to animals or be caught from them!

CHILDREN ARE MOST COMMONLY AFFECTED BY HEAD LICE!

YOU CAN PREVENT HEAD LICE BY TELLING YOUR CHILDREN:

- To try to avoid head-to-head contact with other children
- Not to share brushes, combs, hats, etc.
- Not to lie on bedding, pillows and carpets that have recently been used by someone with lice

Before you make an appointment with your hairdresser please check your own and your children's hair. If you identify lice or nits, please contact your school nurse, GP or pharmacist for advice on how to treat them.

A hairdresser or any therapist can not cut or blowdry anyone's hair, or carry out treatments in a salon, for someone who has nits/eggs for health and safety reasons. We wouldn't want to put other clients at risk or cause unnecessary embarrassment for you or your child.

Thank you

YOUR THERAPISTS:

**AMAZONAS SALON • AOIFE'S HAIR CREATIONS • BEL AMI
FINTAN LYNCH HAIR • HOUSE OF HAIR • MICHELLE'S HAIR CREATIONS**





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UNISLIM®

#TogetherWeRule

KINSALE

Sáile Sports & Community Centre

Thursday Evening

Starting 7th September

Weight & Go

6pm-6.30pm

Class & Motivational Talk

6.30-7.30pm

WILTON

The Lounge S.M.A. Parish Centre

Wednesday Evening

Starting 6th September

Weight & Go

5.30-6pm

Class & Motivational Talk

6-7pm

Sorcha Doyle

Unislim Youth
Ambassador

4st 7lbs weight loss

Read my story
unislim.com



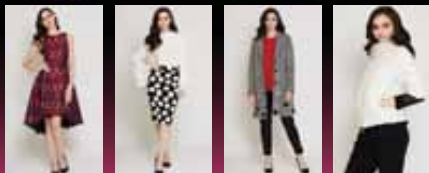
Contact Elaine on 087 7435482

FREE TO JOIN Expires 17th September 2017

Butterfly

The Lough, Cork
(Next to SuperValu)
021 4322667

jon clare



92 Oliver Plunkett Street, Cork Tel: 021 4277114
Email: info@jonclare.ie www.jonclare.ie

The **ARMADA**
BAR & GUESTHOUSE
PEARSE STREET, KINSALE Ph: 021 477 2255

LIVE MUSIC

Fri 1st Sept **THE FERRYMEN**
Sat 2nd Sept **SEAN TREACY**
Sun 3rd Sept **THE PURE DROP, 8pm**
Tue 5th Sept **ALLSORTS, 8pm**
Thur 7th Sept **LIVE MUSIC, 8pm**

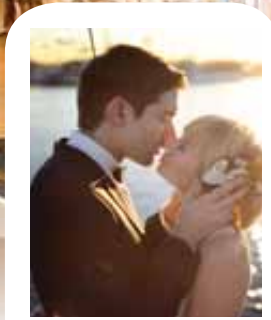
Saturday 9th September
The return of
Shawn O'Dowd



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Email: info@kinsleadvertiser.com



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of Kinsale

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includes September classes and a free suit

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KUK SOOL WON CORK

TUESDAY
CARRIGALINE

WEDNESDAY
KINSALE

THURSDAY
BALLINSPITTE

Martial Arts for all the family



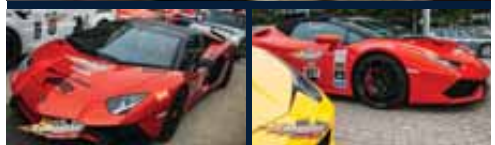
**BLUE HAVEN
HOTEL**

**WELCOMES
CANNONBALL RUN
TO KINSALE**
Friday 8th Sept
2pm to 4pm



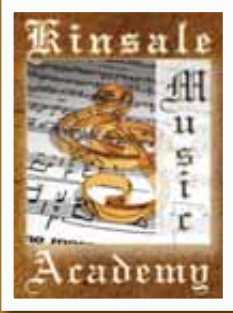
*Be sure to come & see
these amazing cars*

For more visit www.cannonball.ie



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www.bluehavencollection.com





KINSALE MUSIC ACADEMY

Singing Classes with Sara Ryan

@sararyanmusic

VENUE:

**Kinsale Community
School**

KMA MELODY MAKERS Age 5-7

A beginner class that centres on singing and musical discovery as children build a foundation for musical literacy and experience.

Children will enjoy exploring their voices and using their imagination while building their confidence.

KMA YOUTH VOCAL GROUP Age 8-12

Ideal for children who love to sing but may not be ready for individual lessons. In this class children begin training their ears and voices as they start the path to fine musicianship.

Through engaging and fun repertoire, the group learn musical concepts and establish a strong musical understanding.

KMA TEEN VOCAL GROUP Age 13-18

An advanced vocal harmony group for confident teenage singers who want to master their vocal and musicianship skills, while still enjoying working in a team setting.

A wide range of repertoire from contemporary pop arrangements to musical theatre and more.

Also catering for singers coming together to perform for Junior or Leaving Cert music practicals!

ALSO AVAILABLE

**A limited number of individual
30 minute singing lessons**



Follow us on Facebook
and Twitter to stay updated!

To enroll contact: 087 357 9000 or
info@kinsalemusicacademy.ie



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worn tyres!

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RECOMMENDATION



GRASSROOTS TENNIS 2017

AT SÁILE COMMUNITY CENTRE

with Pat, Tennis Ireland Coach

STARTS WEDNESDAY 20th SEPTEMBER

Learn about the game of tennis in a fun & safe way.



Age 5-7yrs: 3.30pm - 4.30pm

Age 8-12yrs: 4.30pm - 5.30pm

FEE OPTIONS:

€60/6 weeks €12/drop-in on the day

Rackets can be provided. Everybody welcome!

FOR REGISTRATION

**Tel: 021-4773929 or email:
bookings@saillesportsandleisure.ie**





Dreams Do Come True



Classes in...

KINSALE, COBH, BANDON
& INNISHANNON

**ENROLLING
NOW!**

Join the Sarah Callanan School of Dance for classes in...

Ballet Modern Jazz Hip Hop Tap

Age 3½ - Adult Classes

Internationally Recognised Exams Optional

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Sarah Callanan ISTD IDTA

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空手

JKA

Kinsale Karate School

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ENROLMENT
EVENING**

**WEDNESDAY 13 SEPTEMBER
6.30 - 7.30PM**

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JOEJMCD@ICLOUD.COM

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FITNESS CLASSES

- **SPINNING**
NEW SPINNING STUDIO!
- **CIRCUITS**
- **HIIT**
- **BOOTCAMP**



MEMBERSHIP OPTIONS AVAILABLE

ROGUE RECRUITS FOR BEGINNERS

30 Days - Starts September

- 3 Classes per Week (all levels)
- Nutritional Recipe Book
- €125

**DESIGNATED FITNESS CENTRE
FARM LANE, KINSALE
PRIVATE PARKING**

**Classes Timetable available
at www.roguefitness.ie**

Phone: 021 4777538





YOUNG MARINER PROGRAM

OPEN NIGHT

For Students (14 - 17 year olds) & Parents - All welcome

**Thursday 14th September at 19:30
at Kinsale Outdoor Education Centre**

LEARN NEW SKILLS IN

Kayaking, Sailing, Powerboating, Expeditioning, Surfing, Coaststeering
Achieve your Gaisce Award, Sea Survival Training, First Aid, Leave No Trace

SCHEDULE:

Late September 2017 - End of May 2018 (with Graduation)
Wednesday afternoons, 2 Saturdays per month
and a final Easter expedition towards the end of the program
36 weeks - 9 months

AIMS OF THE PROGRAM:

- Make new friends
- Excitement through Adventure
- Expeditioning
- Skills and Theory through Adventure Sports
- Benefits (community focused, self-esteem, self-confidence)
- Preservation of traditional Marine Skills
- To provide alternative sporting pathways for young people
- Environmental focus



Option to specialise in Sailing only for students with previous experience

**Book your place: info@kinsaleoutdoors.com
Call 021-4772896**



LUCY FRENCH SCHOOL OF DANCE

NEW TERM BEGINS ON FRIDAY SEPTEMBER 1st

Limited places available. All current places have been kept,
if your child is not returning please let us know.

MONDAY

- 3.30-4.15 Hip Hop A (1st-6th Class - Beginners)
4.15-5.00 Hip Hop B (1st-6th Class - Experienced)
5.00-5.45 Boys Hip Hop and Breakdance Level 2
5.45-6.45 Boys Hip Hop and Breakdance Level 1
6.45-7.45 Hip Hop C (1st & 2nd Years)
7.45-9.00 Senior Hip Hop (3rd Year & up)

TUESDAY

- 3.30-4.15 RAD Grade 3 Ballet
4.15-5.00 RAD Grade 5 Ballet
5.00-5.45 RAD Grade 6B Ballet
5.45-6.45 RAD Grade 6A Ballet (Exam Class)
6.45-7.45 RAD Intermediate Ballet
7.45-9.15 Contemporary (G6A - Adv Found Ballet
Waiting List)

WEDNESDAY

- 1.30-3.00 RAD Intermediate Foundation Ballet
(Selected students from Pre-Vocational)
3.00-3.30 Pre School Ballet (2½ - 4½) (New Class)
3.30-4.15 RAD Primary Ballet
4.15-5.00 RAD Grade 1B Ballet
5.00-6.00 RAD Grade 1A Ballet (Exam Class)
6.00-7.00 RAD Grade 2 Ballet (Exam Class)
7.00-8.00 RAD Grade 6A Ballet (Exam Class)
8.00-9.15 RAD Advanced Foundation Ballet

THURSDAY

- 3.30-4.15 Jazz A (1st and 2nd Class)
4.15-5.00 Jazz B (3rd and 4th Class)
5.00-6.00 Jazz C (5th and 6th Class)
6.00-7.00 Senior Jazz Group 1 (1st-3rd Year)
7.00-8.00 Senior Jazz Group 2 (1st-3rd Year)
8.00-9.15 Jazz Rep (4th Year and up)

FRIDAY

- 3.30-4.30 RAD Grade 3 Ballet
4.30-5.30 RAD Grade 5 Ballet
5.30-6.30 Pre-Vocational Ballet (G5 & 6B)
6.30-7.30 RAD Grade 6B Ballet
7.30-9.00 RAD Intermediate Ballet and Pointe

SATURDAY

- 9.30-10.00 Pre School Ballet (2½ - 4½)
10.00-10.45 RAD Pre Primary Ballet
10.45-11.30 RAD Pre Primary (Exam Class)
11.30-12.15 RAD Grade 1C Ballet
12.15-1.45 RAD Advanced Foundation Ballet
and Pointe
1.45-2.30 Grade 2 Ballet (Exam Class)
2.30-3.30 Grade 5 Ballet
3.30-5.00 RAD Grade 6C Ballet

To book a place or to be added to the waiting list please contact Lucy on

087 9521463 or 021 4773553

info@lucyfrenchschoolofdance.com www.lucyfrenchschoolofdance.com





NEW TOWN SHUTTLE NOW OPERATING DAILY

A town shuttle operating four times daily around Kinsale is now in operation. It coincides with the newly launched Local Link service between Kinsale and Clonakilty.

'While the town shuttle is being supported by the Kinsale Age Friendly group nevertheless the service is open to everybody' stated David O'Brien of Local Link Cork. He went on to say that it will service

Haven Bay, Kinsale Community School, the Hospital as well as the primary care centre and facilitate shoppers etc as well.

The service departs from the bus stop in Pier Road Quayside but one may get on any at point along the route. The service further operates out to Charlesfort also.

The shuttle is free to travel pass holders and timetables are available in the Tourist Office and locally or online at www.locallinkcork.ie

KINSALE TOWN SHUTTLE

Departs	Mon-Sat				Sun		
Bus Stop	08:15	11:35	14:15	16:15	11:35	14:15	16:15
Haven Bay	08:20	11:40	14:20	16:20	11:40	14:20	16:20
Community School	08:25	11:45	14:25	16:25	11:45	14:25	16:25
Hospital	08:30	11:50	14:30	16:30	11:50	14:30	16:30
Primary Care Centre/ Shopping	08:35	11:55	14:35	16:35	11:55	14:35	16:35
Charlesfort		12:00	14:45	16:45	12:00	14:45	16:45
Bus Stop		12:15	14:55	16:55	12:15	14:55	16:55

Kinsale Town Shuttle Fares

- Single Adult Fare €2.00
- Return Adult Fare €3.00
- Free Travel Pass Accepted
- Single Children Fare €1.00
- Return Children Fare €2.00



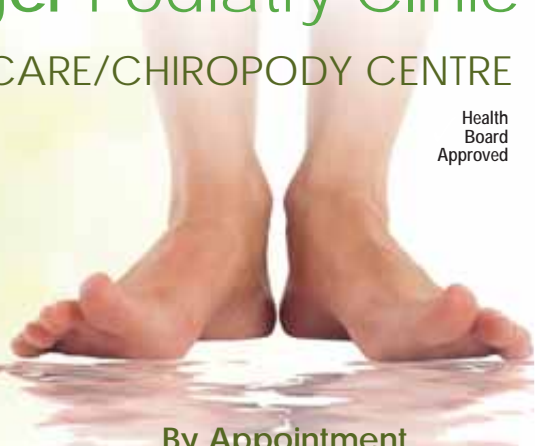
Laura Hagger Podiatry Clinic

D.Pod.M, M.Ch.S.I, S.R.Ch.

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- Specialist Diabetic Footcare
- Nail Surgery
- Orthoses & Insoles
- Sports Injuries
- Children's Foot Health
- Verruca Treatment
- Acupuncture
- House calls now available
- Rid your feet of fungal nails with the Laser Genesis Plus!
- Effective drug free treatment for onychomycosis.
- Blast those verrucae and warts with fast effective laser treatment.

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Board
Approved



By Appointment
021 477 9578

No. 26 Haven Bay Apt, Ballinacubby, Kinsale



Neuromuscular Physical Therapy Clinic

Pain Management / Rehabilitation / Functional Exercise



Some conditions treated in the clinic:

- Headaches
- Migraines
- Neck Pain
- Back Pain
- Shoulder Pain/ Problems
- Elbow/Wrist Problems
- Carpal Tunnel Syndrome
- Postural Distortions
- Hip Pain/Discomfort/ Problems
- Knee Pain/Problems
- Ankle/Foot Problems
- Sciatica
- Nerve Entrapment
- Joint Pain/ Discomfort
- Strains/Sprains
- Sports Injuries/ Recovery
- Soft Tissue Repair
- Connective Tissue Repair
- Muscular Disorders/ Conditions
- Coordination Development
- Loss of Balance
- Stiffness
- Impaired Mobility
- Functional Exercise

By appointment: **Sabine Graef** (BEd., SMT, NMPT)

Mobile **087 9872783**

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BACK BY POPULAR DEMAND!!
MURDER MYSTERY NIGHT
IN AID OF KINSALE LIONS CLUB

RAMPART PLAYERS
present

MURDER
AT
DEAD EYE
GULCH

FRI 29TH & SAT 30TH SEPT, 7.30PM
TRIDENT HOTEL

Tickets €40 including 4 Course Meal

PRIZE FOR BEST COSTUME

Tickets on sale at the Boathouse Gallery
68 Main St, Kinsale Ph: 021 4709981


Yee ha!

TEEN YOGA 16+,
TEEN YOGA &
KIDS STORY YOGA

Mondays & Thursdays



YOGA BENEFITS:

- Strength & flexibility
- Mindfulness, relaxes body & reduces stress
- Concentration & focus
- Increase body awareness & coordination



Classes commence
18th SEPTEMBER 2017
at KINSALE YOGA CENTRE

To book a space, contact Mary: 087-7623822
or email teenyogakinsale@gmail.com

  Teenyogacork

Très Chic Beauty
SANDYCOVE, KINSALE

SEPTEMBER PACKAGES

GATINEAU REVITALISING FACIAL - €45
including complimentary eyelash tint, eyebrow tint & eyebrow wax.

OPI DELUX PEDICURE - €35
including complimentary eyelash tint, eyebrow tint and eyebrow wax.

BELLAMIANITA FULL BODY SPRAY TAN - €20
Fantastic long lasting tan with only 1 application.

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- ✓ Glaucoma Screening
- ✓ Diabetic Screening if Necessary
- ✓ Age Related Macular Degeneration Screening

OPENING HOURS
TUESDAY TO THURSDAY: 9.30am - 5.30pm
FRIDAY: 8.30am-5.30pm SATURDAY: 9.30am - 3.00pm



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class today!

**CORK'S PREMIUM
DANCE, BALLET, DRAMA, Acro Dance
& MUSICAL THEATRE STAGE SCHOOL**

CATERING FOR STUDENTS AGED 3 TO 18 YEARS OLD

**SUPER STARS
STAGE SCHOOL**



let your child's star shine bright
BUILD YOUR CHILD'S CONFIDENCE,
MAKE NEW FRIENDS & KEEP FIT

NEW STUDIO!
UNIT 1 KINSALE COMMERCIAL PARK

Musical Theatre - Drama - Vocal - Guitar - Ukelele

Tel: 087 7933505

Register online:

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Breakfast 8am-11.30am

Bar/Bistro 12pm-10pm

Dinner 6pm-10pm

Serving Fresh Seafood, Shellfish, Steaks
& Stews, delivered daily by local producers.



MUSIC

Saturday 2nd September

Live Lees 10.30pm

Tuesday 5th September

Mark & Cheese 9pm

Wednesday 6th September

Two of a Kind 9pm

Thursday 7th September

Two of a Kind 9pm

Friday 1st September

PRO 12 RUGBY

Munster v Benetton 7.35pm

Saturday 2nd September

FIFA WORLD CUP QUALIFIER

Georgia v Ireland 5pm

Sunday 3rd September

GAA ALL IRELAND HURLING FINAL

Galway v Waterford 3.30pm



T: 4772125 www.whitehouse-kinsale.ie

Your hosts the Frawley Family & Staff



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KINSALE RNLI FUNDRAISING NIGHT



A very sincere thank you to all our sponsors and all who helped in any way, without your help this night would not be possible.

A total of €6535 was raised.

Susan Draper, Kinsale RNLI

Atlantic Offshore
Bandon CoOp
Billy Connery
Blue Haven
Bookstór
Brehon Hotel
Celtic Ross Hotel
Clonakilty Foods
Cork Gas
Cronin's Commercial Hall
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Pic: John Collins

Stage 1: Kinsale to Skibbereen
Wednesday 13th September

**WILD ATLANTIC WAY
CYCLE SPORTIF**

www.wildatlanticwaycyclesportif.ie
13th - 29th September 2017

The image shows a map of the Wild Atlantic Way route along the coast of Ireland, with various towns and landmarks marked. A large blue zigzag logo is prominently displayed in the center. Below the logo, the text 'WILD ATLANTIC WAY CYCLE SPORTIF' is written in bold, dark letters. At the bottom, the website 'www.wildatlanticwaycyclesportif.ie' and the dates '13th - 29th September 2017' are provided. A small illustration of a cyclist is visible in the bottom right corner of the map area.





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GAELIC BREW 10pm
DJ FITZ • LATE BAR

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THE BOOTLEG BHOYS 8pm

THURS 7th SEPTEMBER
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Vista

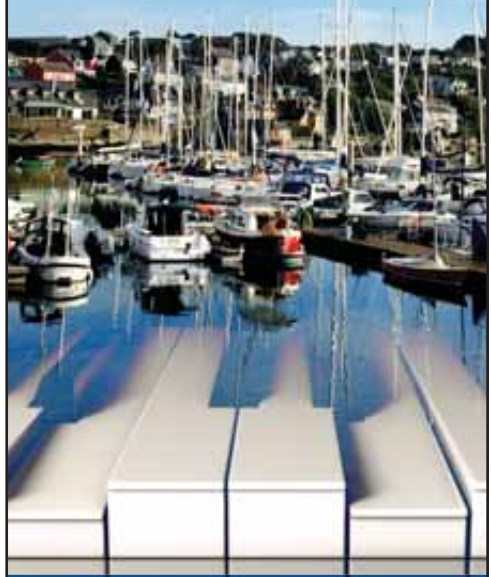


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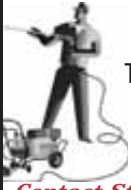
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WHAT'S ON IN KINSALE & DISTRICT

Friday 1st
September to
Thursday 7th
September 2017

FRI 1st SEPT

ARMADA:
The Ferrymen.
AUNTY NELLIES:
Golden Ticket
Competition starts.
BACCHUS NIGHTCLUB:
DJ Mark, 11.30pm.
BALLINACURRA HOUSE:
Jane Austen Evening:
A Country Ball.
www.wordsbywater.ie
BLUE HAVEN:
Gary Martin, 10pm.
CASEYS, KINSALE:
Highland Paddys 10pm.
**DERMOT RYAN'S
HERITAGE TOWN WALKS:**
Tourist Office, 10.30am
or by appointment.
**DON & BARRY'S
HISTORIC STROLL:**
Tourist Office,
9.15am, 11.15am.
FOLKHOUSE:
Debbie Rose, 10.30pm.
HAMLETS:
Live DJ, 10pm.
KINSALE COLLEGE:
Open Day, 10am-2pm.
**KINSALE HARBOUR
CRUISES:**
2pm, 3pm.
**KINSALE YOUTH
COMMUNITY CAFE:**
Information table at
SuperValu, Kinsale.
**LUCY FRENCH SCHOOL
OF DANCE:**
New term begins today.
SAM'S BAR:
Irish Draught with
The Whistler.
Cocktail Night.
SILENT BANJO:
Jimmy Lee, 10pm.
TAEKWON-DO FOR KIDS:
Scoil Naomh Eltin.
6.45pm-7.45pm 7-12 yrs.
7.45pm-8.45pm 12 yrs +.
VISTA:
Billy's Plano Bar at
the Marina Lounge.

SAT 2nd SEPT

ARMADA:
Sean Treacy.
BACCHUS NIGHTCLUB:
DJ Sean, 11.30pm.
BLUE HAVEN:
The Stars, 10pm.
CASEYS, KINSALE:
Jono, 8pm.
The Waxies, 10pm,
& DJ Rory.
**DERMOT RYAN'S
HERITAGE TOWN WALKS:**
Tourist Office, 10.30am
or by appointment.

**DON & BARRY'S
HISTORIC STROLL:**
Tourist Office,
9.15am, 11.15am.
FOLKHOUSE:
I-Funk, 10.30pm.
HAMLETS:
Live DJ, 10pm.
**BALLINACURRA
CRUISES:**
2pm, 3pm, 4pm.
**KINSALE YOUTH
COMMUNITY CAFE:**
Information table at
SuperValu, Kinsale.
SAM'S BAR:
Mike O'Riordan.
SILENT BANJO:
Schooners Rig, 10pm.
TRIDENT HOTEL:
Tim O'Riordan.
WHITE HOUSE:
Live Lees, 10.30pm.

SUN 3rd SEPT

ACTONS HOTEL:
TR Dallas,
Dancing at 9.30pm.
Adm: €10.
ARMADA:
The Pure Drop, 8pm.
BLUE HAVEN:
Traditional Session,
8.30pm.
CAR BOOT SALE:
Belgooly GAA Pitch,
11am-3pm.
CASEYS, KINSALE:
Gaelic Brew, 10pm.
DJ Fitz.
**DERMOT RYAN'S
HERITAGE TOWN WALKS:**
Tourist Office, 10.30am
or by appointment.
**DON & BARRY'S
HISTORIC STROLL:**
Tourist Office, 11.15am.
FOLKHOUSE:
King K, 9pm.
HAMLETS:
Old No. 7 with Clem
Buckley and Ben Dillon,
6.30pm.
**KINSALE BAPTIST
CHURCH:** 11am,
Temperance Hall.
**KINSALE HARBOUR
CRUISES:**
2pm, 3pm, 4pm.
SAM'S BAR:
Americanicas.
SILENT BANJO:
Rambling Weavers,
7pm.

MON 4th SEPT

BLUE HAVEN:
Traditional Irish Music
with Arundo, 9pm.

**BULMAN BAR &
TODDIES RESTAURANT:**
Lobsters on the Pier.
Sittings at 6.30pm &
8.30pm.
CASEY'S, KINSALE:
Chase the Ace,
Bootleg Bhoys, 8pm.
DALTON'S BAR:
Trad singalong.
**DERMOT RYAN'S
HERITAGE TOWN WALKS:**
Tourist Office,
10.30am or by
appointment.
**DON & BARRY'S
HISTORIC STROLL:**
Tourist Office,
9.15am, 11.15am.
**KINSALE HARBOUR
CRUISES:**
2pm, 3pm.
KINSALE TENNIS CLUB:
Children & Teens
Autumn Fun Tennis.
Courses start today.
SILENT BANJO:
Jimmy White, 8pm.

TUES 5th SEPT

ARMADA:
Allsorts, 8pm
**BABY & TODDLER
GROUP:**
Temperance Hall,
10am -12 noon.
BLUE HAVEN:
Sonny & Friends,
9.30pm.
CASEY'S, KINSALE:
Roll the Dice, 6pm.
DALTON'S BAR: Trad.
**DERMOT RYAN'S
HERITAGE TOWN WALKS:**
Tourist Office, 10.30am
or by appointment.
**DON & BARRY'S
HISTORIC STROLL:**
Tourist Office
9.15am, 11.15am.
KINSALE BRIDGE CLUB:
Trident Hotel, 7.30pm.
**KINSALE HARBOUR
CRUISES:**
2pm, 3pm.
KUK SOOL WON CORK:
Carrigaline.
SILENT BANJO:
Tim O'Riordan, 8pm.
WHITE HOUSE:
Mark & Cheese, 9pm.

WED 6th SEPT

BLUE HAVEN:
Niall McCabe, 9.30pm.
CASEY'S, KINSALE:
Bingo Night, 8.30pm.
DALTON'S BAR:
Trad.

**DERMOT RYAN'S
HERITAGE TOWN WALKS:**
Tourist Office, 10.30am
or by appointment.
**DON & BARRY'S
HISTORIC STROLL:**
Tourist Office
9.15am, 11.15am.
At Kennedy's Opticians,
2pm - 5.30pm.
**KINSALE HARBOUR
CRUISES:** 2pm, 3pm.
**KINSALE YOUTH
COMMUNITY CAFE:**
Reopening today.
KUK SOOL WON CORK:
Kinsale.
MEMORY CAFE:
Friary space, 11am-
12.30pm.
SAM'S BAR: Dana Burns.
TAEKWON-DO FOR KIDS:
Scoil Naomh Eltin.
5.30pm-6.15pm 4-6 yrs.
6.15pm-7.15pm 7-12 yrs.
7.15pm-8.15pm 12 yrs +.
UNISLIM:
Wilton, SMA Parish
Centre, Weight & Go,
5.30pm-6pm. Class &
Talk, 6pm-7pm.
WHITE HOUSE:
Two of a Kind, 9pm.
THUR 7th SEPT
ARMADA:
Live Music, 8pm.
BLUE HAVEN:
Arundo, 9.30pm.
CASEYS, KINSALE:
No Frontiers, 9pm.
DALTON'S BAR: Trad.
**DERMOT RYAN'S
HERITAGE TOWN WALKS:**
Tourist Office, 10.30am
or by appointment.
**DON & BARRY'S
HISTORIC STROLL:**
Tourist Office
9.15am, 11.15am.
HAMLETS:
Niall McCabe, 9.30pm.
**KINSALE HARBOUR
CRUISES:** 2pm, 3pm.
KUK SOOL WON CORK:
Ballinspittle.
SAM'S BAR: Darren
Grimley, Cocktail Night.
SILENT BANJO:
Mo O'Connor, 8pm.
UNISLIM:
Kinsale, Saile Centre,
Weight & Go, 6pm-
6.30pm. Class & Talk,
6.30pm-7.30pm.
WHITE HOUSE:
Two of a Kind, 9pm.



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2nd - 16th Sept

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